



**SATURDAY
OCT 3**

10 AM - 11 AM

The Empowerment
Neurofitness & Wellness
Center

4402 Princess Anne Rd.
Virginia Beach, VA 23462

Canvas Bag Painting with Rhona Dawson

Rhona grew up an artist by both very creative parents. She feels that creativity lives inside everyone. Rhona has been an artist working out which programs work best for many years and find great pleasure and satisfaction in helping others through the arts. Her objective is to design and instruct visual art projects and crafting projects that can be adapted for any level of ability.

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