

Arts Connect VIRGINIA



TUESDAY
SEPT 29

2 PM - 3 PM

New Life
Metropolitan Church
1000 Sunset Dr,
Norfolk, VA 23503

Collage and Poetry with Debra Frech

Debra is an award-winning author who enjoys encouraging others in their writing journey. Debra prepares participants to write poetry by having them do a physical exercise, giving them prompts, and encouraging them to share what they wrote. She also incorporates visual aids to inspire creativity.

Sponsored By:

**HARBOR'S
EDGE**

