



**TUESDAY
MAY 26**

11 AM - 12 PM

**Indian River
Library**

**2320 Old Greenbrier Rd
Chesapeake, VA 23325**

Introduction to Hula

with Tiare Kahana

A Hawaiian Dancer and Yoga Therapy Teacher, Tiare Kahana has been a performing and teaching artist since 2006. She enjoys sharing the Spirit of Aloha and the joy of body-mind-spirit wellness. She specializes in accessible, senior-centered programs.

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