



TIDEWATER ARTS OUTREACH

presents



Chair Dance Fitness with Valerie Mosby Friday, February 20th at 1:00pm

Valerie is a retired Human Resources Consultant and currently owns a craft shop in Chesapeake, VA. In her spare time, she spends time with her grandchildren and she and her husband enjoy taking trips on their motorcycles. She has over 10 years of experience in creative and graphic design. Here programs include line & chair dancing, mixed media crafting, and canvas painting with unusual mediums.

IN PARTNERSHIP WITH:

