



TIDEWATER ARTS OUTREACH

presents



Vision Board Class with Debra Frech Friday, January 9th at 3:00pm

Debra is a member of The Muse, Poetry Society of VA, The Writers Guild of Virginia, James River Writers, KPC Writers, Virginia Writers and writes poetry and so on.

Her programs include "Possible Poetry": using prompts, simple exercises, music, and visual boards to inspire creativity to discover a new world.

IN PARTNERSHIP WITH:

